

# WEEK 1

## SMALL GROUP GUIDE

# AFTER YOU

### THIS SERIES

In a culture obsessed with selfies, celebrities, money, and success, it's not difficult to understand why so many of us struggle with being a little self-centered at times. But while "me first" may be the norm for the rest of the world, Jesus showed us what it looks like to live a generous, compassionate, selfless, "after you" kind of life. In this 4-week series, you'll challenge students to move away from the world's "me first" attitude and embrace the "after you" message of Jesus by **noticing needs, opening their hands, using their gifts, and sharing their joy.**

### THIS WEEK

#### **THE BIG IDEA**

Living selflessly starts with noticing others' needs.

#### **THE BIBLE**

Mark 6:30-37, 6:38-44  
Philippians 2:3-4

- **Have you ever failed to notice something obvious?**
- **What's one situation where failing to notice something important could put you or someone else in danger?**
- **Have you ever failed to notice someone else's needs? What happened?**
- **Why is it difficult for you, specifically, to notice others' needs?**
- **In what ways did Jesus notice others' needs and live an "after you" kind of life?**
- **Read Mark 6:37-44. What do you think the rest of this story can teach us about noticing and meeting others' needs?**
- **Why does it matter whether we notice others' needs or not?**
- **What do you think the difference is between *not being selfish* and *being selfless*?**
- **Do you think noticing someone else's needs could ever benefit you too? Why or how?**
- **This week, how can you be more intentional about noticing the needs of others?**